

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Event 201 Female 12 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 12 Prelims

1	Ballinger, Scarlett	14	Rhondda	32.95
2	Rowland, Scarlett	13	Neath	32.90
3	Mustey, Elizabeth	14	Monnow	32.78
4	Cooksey-Owen, Ruby-Mae	14	Co Cardiff	32.69
5	McFarlane, Una	14	Pembs Cty	32.70
6	Cox, Isabelle	15	Co Cardiff	32.80
7	Eyre, Maiya	13	Buckley	32.93
8	David, Emily	13	Cockermouth	33.00

Heat 2 of 12 Prelims

1	Beasley, Evaleigh	12	Swansea Aq	32.67
2	Jones, Cadi	13	Co Cardiff	32.60
3	Duggan, Grace	14	Rct Squad	32.42
4	Jones, Lola-Grace	13	Torfaen D	32.40
5	Davies, Mae	15	Rtw Monson	32.41
6	Richardson, Beca	15	Swansea Aq	32.60
7	Simons, Georgia	14	Hackney	32.61
8	Williams, Leah	14	NofioGwynedd	32.68

Heat 3 of 12 Prelims

1	Jones, Aimee	13	Okehampton	32.30
2	Emms, Ela	13	Co Cardiff	32.13
3	Givvons, Imogen	15	Torfaen D	32.00
4	Gordon, Mabli	14	Bridgend Cty	31.90
5	Williams, Lili	14	Rct Squad	31.90
6	Dash, Amelie	14	Pembs Cty	32.00
7	Williams, Layla	13	Newtown	32.23
8	Hnoiana, Valya	13	Swansea Aq	32.37

Heat 4 of 12 Prelims

1	Tovey, Lyra	13	Mt Kelly	31.71
2	Ashby, Helena	13	TauntonDeane	31.67
3	Berner, Iyla	12	Nofio S Gar	31.50
4	Owen, Kessie	17	Neath	31.46
5	Handley, Evie Louise	16	Okehampton	31.50
6	Marshall, Ffion	15	Co Cardiff	31.59
7	Tejedo, Lola	14	Co Cardiff	31.69
8	Pitt, Seren	13	Co Cardiff	31.80

Heat 5 of 12 Prelims

1	Fowler, Maisie	14	Rct Squad	31.41
2	Innocent, Aurelia	14	Co Cardiff	31.40
3	Mason, Eliza	14	EllesmereCSA	31.38
4	Sutton, Emily	14	NofioGwynedd	31.32
5	Meenagh, Mai Van	13	Co Cardiff	31.37
6	Kazmiruk, Anastasiia	14	Nofio S Gar	31.39
7	Teggarty-Sparks, Ida	14	Teddington	31.40
8	Klak, Nina	13	Co Newport	31.43

Heat 6 of 12 Prelims

1	Blake, Emily	18	Co Cardiff	31.29
2	Matthews, Catrin	12	Co Cardiff	31.22
3	Fitzgerald, Mali	15	Bridgend Cty	31.20
4	Davies, Rachel	20	Swansea Uni	31.10
5	Flanagan, Evelyn	15	Mt Kelly	31.12
6	Mellor, Medi	13	Nofio Bangor	31.21
7	Goodliffe, Faith	25	C Dolphins	31.28
8	Bennett, Isla	14	Co Cardiff	31.30

Heat 7 of 12 Prelims

1	Roberts, Mali	15	NofioGwynedd	31.05
2	Evans, Lili	18	Co Cardiff	30.91
3	Gillingham, Grace	21	Nofio Bangor	30.84
4	Andrews, Bella	15	Co Newport	30.70
5	Edwards, Alaw	15	NofioGwynedd	30.80
6	Jones, Myia	17	Wrexham	30.90
7	Bates, Molly	14	EllesmereCSA	31.03
8	Smart, Charlotte	18	Swansea Uni	31.10

Heat 8 of 12 Prelims

1	Bissicks, Cari	14	Neath	30.64
2	Griffiths, Cerys	15	Pembs Cty	30.53
3	Synowiec, Amelia	15	Conwy	30.42
4	Hughes, Nel	14	NofioGwynedd	30.30
5	Robinson, Scarlett	17	Ulverston	30.38
6	Salmon, Gwen	18	Rct Squad	30.47
7	Ach Rhys, Esyllt	15	NofioGwynedd	30.60
8	James, Grace	16	Bridgend Cty	30.67

Heat 9 of 12 Prelims

1	Geach, Libbie	16	Nofio S Gar	30.20
2	Lewis, Lowri	19	Neath	30.16
3	Nichols, Grace	15	Pembs Cty	29.96
4	Jones, Maisie	15	Co Cardiff	29.80
5	Day, Hannah	17	Co Cardiff	29.94
6	Thomas, Manisha	13	Hackney	30.05
7	Matthews, Elin	15	Co Cardiff	30.19
8	Hughes-Rolls, Ava	16	Torfaen D	30.30

Heat 10 of 12 Prelims

1	Dewsbury, Daisy	20	Swansea Uni	29.60
2	Schumm, Libby	16	Torfaen D	28.86
3	Owen, Gracie	17	Torfaen D	28.41
4	De Torres, Rebecca	21	Co Cardiff	28.02
5	Grant, Lucy	18	Swansea Uni	28.19
6	Deakin, Ellena	17	Teddington	28.79
7	Dwyfor-Clark, Efa	16	NofioGwynedd	29.36
8	Sweet-Roberts, Pip	13	Torfaen D	29.80

Heat 11 of 12 Prelims

1	Daniel, Megan	15	Caradon	29.52
2	Jones, Isabella	20	Nofio S Gar	28.80
3	Tallantyre, Seren	17	Morpeth	28.28
4	Morris, Ciara	23	Swansea Uni	27.57
5	Morgan, Isabel	21	Co Cardiff	28.18
6	Crawley, Abigail	20	Swansea Uni	28.76
7	Willis, Hannah	20	Swansea Uni	29.24
8	Wheeler, Oriana	20	Swansea Uni	29.75

Heat 12 of 12 Prelims

1	Donovan, Kelsey	20	Co Cardiff	29.40
2	Winstanley, Elin	16	Co Hereford	28.79
3	Collyer, Mabli	17	Nofio S Gar	28.20
4	Taylor, Theodora	16	Torfaen D	27.28
5	Higgs, Meghan	17	Millfield	28.13
6	Lee, Edith	15	Co Cardiff	28.52
7	Rose, Katie	19	Swansea Uni	28.91
8	Lush, Emily	23	Swansea Uni	29.66

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Event 202 Men 12 & Over 50 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 12 Prelims

1	Zhen, Bosco	13	Co Newport	31.50
2	Evans, Sam	13	Pembs Cty	31.07
3	Bancroft, Theo	13	Monnow	30.76
4	Williams, Dylan	14	Wrexham	30.61
5	White, Jacob	14	Wells SC	30.70
6	Fogarty, Oliver	13	Pembs Cty	30.80
7	Catchpole, Charlie	14	Hackney	31.29
8	Williams, Zach	14	Torfaen D	31.50

Heat 2 of 12 Prelims

1	Gilligan, Henry	15	Rct Squad	30.50
2	Giles, Brodie	15	Bridgend Cty	30.43
3	Woodrow, Leo	14	TauntonDeane	30.40
4	Watkins, Dylan	13	Torfaen D	30.30
5	Gregory, Jaiden	14	Co Cardiff	30.36
6	Duggan, Elliot	14	Bridgend Cty	30.40
7	Danz, Jasper	15	Teddington	30.48
8	Laverick, Blake	15	Nuneaton	30.50

Heat 3 of 12 Prelims

1	Freeman, James	14	TauntonDeane	30.10
2	Glanville, Harry	14	TauntonDeane	29.97
3	Miskiewicz, Patryk	15	Hackney	29.84
4	Drury-Tew, Archie	15	Co Birm'ham	29.64
5	Webber, George	15	TauntonDeane	29.80
6	Goodey De Diego, Lucas	14	Guildford Ct	29.90
7	Stuart-Lavender, Jac	15	Nofio S Gar	30.10
8	Bastyan, Tobias-Luke	14	Torfaen D	30.20

Heat 4 of 12 Prelims

1	Hnoianyi, Andrii	16	Swansea Aq	29.50
2	Caton, Charlie	16	Haslemere	29.40
3	Powell, Xander	15	TauntonDeane	29.33
4	Williams, Thomas	15	Nofio S Gar	29.27
5	Jones, Jayden	14	Caerphilly	29.32
6	Gruffydd, Ned	15	Co Cardiff	29.40
7	Castillo, Airam	14	Co Cardiff	29.40
8	Davies, Tom	15	Co Newport	29.61

Heat 5 of 12 Prelims

1	Atherton, Morgan	16	Nuneaton	29.20
2	Chapman, Coby	16	Penyrheol	29.03
3	Stothers, Alexander	14	Hackney	28.83
4	Brown, Layton	17	Nuneaton	28.74
5	Richardson, Osian	17	Swansea Aq	28.80
6	Lewis, Gethin	17	Bridgend SC	28.90
7	Ashton, Cain	15	Stockport Mo	29.04
8	Bivon, Charlie	16	Stockport Mo	29.20

Heat 6 of 12 Prelims

1	Spinks, Owen	17	Torfaen D	28.70
2	Hewitt, Archie	15	Torfaen D	28.47
3	Scholes, James	15	Haslemere	28.30
4	Deacon, Cameron	15	Co Cardiff	28.20
5	Chapman, Nathan	21	Swansea Uni	28.28
6	Helps, Jacob	19	Swansea Uni	28.40
7	Foster, Henry	16	Redditch	28.55
8	Sellick, Fenn	17	Swansea Aq	28.73

Heat 7 of 12 Prelims

1	Miles, Harry	15	Co Cardiff	28.10
2	Pallant, Jack	21	Team Waveney	28.10
3	Park, Reggie Samuel	15	Holywell	28.01
4	Mills, Ioan	16	Torfaen D	27.90
5	James, Matt	18	Worcester	28.00
6	Meilleur, Elliot	15	NofioGwynedd	28.08
7	Grenardo, Alexander	18	Okehampton	28.10
8	Linge, Reece	14	EllesmereCSA	28.17

Heat 8 of 12 Prelims

1	Bebb, Lewis	18	Newtown	27.70
2	Grenardo, Sebastian	16	Okehampton	27.57
3	Thomas, Rhys	20	Swansea Uni	27.50
4	Davies, Blake	15	Co Cardiff	27.39
5	Lennon, Danny	17	Wrexham	27.44
6	McLain, Archie	19	Torfaen D	27.54
7	Douglas, Lucas	14	Atlantis	27.57
8	Prysor, Sami	18	EllesmereCSA	27.82

Heat 9 of 12 Prelims

1	Taylor, Harry	18	Swansea Uni	27.07
2	Rixon, Oliver	17	Co Cardiff	26.93
3	Pike, Harvey	18	Co Cardiff	26.86
4	Ghetu, Marcu	17	Harrogate	26.66
5	Watkins, William	17	Bridgend SC	26.70
6	Major, Maximus	15	Torfaen D	26.91
7	Evans, Monty	18	Gloucester	26.96
8	Silverstone, Solomon	16	Pembs Cty	27.27

Heat 10 of 12 Prelims

1	%Darbey, Rhys S14	18	Wrexham	26.40
2	Davies, Evan	19	Co Cardiff	25.60
3	Knight, Jack	22	Co Cardiff	25.10
4	Cannon, Aidan	25	Co B'Ton & H	24.14
5	Edwards, Rhys	23	Swansea Uni	24.40
6	Milne, Harry	17	Repton	25.17
7	Biddick, James	15	Okehampton	25.93
8	McCarthy, Benedict	16	Co Cardiff	26.57

Heat 11 of 12 Prelims

1	Sansome, Thomas	22	Wycombe Dist	26.21
2	Morgan-Hughes, Harry	20	Bath Univ	25.35
3	Greenway, Morgan	22	Swansea Uni	24.95
4	Hyde, Brogan	22	UniOfStirl	23.88
5	Carswell, Thomas	25	Edinburgh Un	24.37
6	Poole, Dexter	20	Swansea Uni	25.13
7	Staines, Luca	21	Swansea Uni	25.92
8	Thomas, Lucas	17	NofioGwynedd	26.48

Heat 12 of 12 Prelims

1	Johnstone, Daniel	18	Swansea Uni	26.20
2	Edwards, Dion	18	Swansea Uni	25.20
3	Dietz, Fritz	21	Okehampton	24.64
4	Fraser, Lewis	25	Swansea Uni	23.53
5	Finch, Christopher	28	SurreyUni SC	24.27
6	Anderson, Maxwell	20	Co Cardiff	25.11
7	Armitage, Edward	22	Derwent&Gate	25.78
8	Pugh, Morgan	18	Torfaen D	26.43

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Event 203 Female 12 & Over 400 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 5 Prelims

1	Osele, Isabella	13	Hackney	4:49.20
2	Phillips, Emma	15	Teddington	4:47.34
3	Burns, Freya	14	Nofio S Gar	4:45.90
4	Richards, Faith	15	Co Cardiff	4:44.20
5	Donaldson, Evie	13	Co Newport	4:44.40
6	Hands, Ava	14	Nuneaton	4:46.30
7	Coles, Mya	15	Co Newport	4:48.10
8	%Humphrey, Eliza S11	20	Swansea Uni/TB	5:35.08

Heat 2 of 5 Prelims

1	Thomas, Serenity	15	NofioGwynedd	4:42.91
2	Davies, Isla	12	Nofio S Gar	4:42.40
3	Jones, Maisie	15	Co Cardiff	4:41.47
4	Devin, Erin	15	Wrexham	4:41.10
5	Chadwick, Millie	15	Teddington	4:41.22
6	Taswell, Paige	14	TauntonDeane	4:41.77
7	Mason, Eliza	14	EllesmereCSA	4:42.70
8	Ling, Olivia	15	Co Cardiff	4:43.60

Heat 3 of 5 Prelims

1	Iles, Jessica	15	Co Cardiff	4:39.90
2	Hill, Emma	14	Teddington	4:37.50
3	Watts, Olivia	16	EllesmereCSA	4:37.17
4	Baker, Sophie	16	Teddington	4:36.01
5	Cust, Ciara	18	Conwy	4:36.30
6	Dacey, Mollie	17	Co Cardiff	4:37.40
7	Allen, Isabel	14	Co Cardiff	4:37.80
8	Sherrard, Alex	13	Torfaen D	4:40.90

Heat 4 of 5 Prelims

1	Wayman, Chloe	17	Teddington	4:34.53
2	Chadwick, Phoebe	17	Teddington	4:33.30
3	Patterson, Millie	19	Swansea Uni	4:28.30
4	Podger, Jessica	24	Bath Univ	4:14.50
5	Gordon, Freya	16	Haslemere	4:26.70
6	Toms, Emily	19	Swansea Uni	4:30.54
7	Teggarty-Sparks, Ida	14	Teddington	4:33.50
8	Cumner, Megan	18	Swansea Uni	4:35.20

Heat 5 of 5 Prelims

1	Hunter, Olivia	21	Swansea Uni	4:33.74
2	Hall, Emily	15	Warrington W	4:33.00
3	Mitchell, Abby	19	Swansea Uni	4:27.00
4	Monks, Aimee	20	Swansea Uni	4:10.40
5	Griffiths, Cerys	15	Pembs Cty	4:22.59
6	Johnson, Charlotte	22	Swansea Uni	4:28.60
7	Sherrard, Emme	16	Torfaen D	4:33.30
8	Handley, Evie Louise	16	Okehampton	4:34.55

Event 204 Men 12 & Over 200 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 6 Prelims

1	Miguel-Easter, Ruben	14	Mt Kelly	2:31.30
2	De Haan, Charlie	12	Holywell	2:30.60
3	Freeman, James	14	TauntonDeane	2:30.30
4	White, Jacob	14	Wells SC	2:28.90
5	Jenkins, Rhys	12	Co Cardiff	2:29.30
6	Samuel, Jake	14	Merthyr Tydf	2:30.30
7	Williams, Heath	13	Wrexham	2:30.70
8	Iffland, Noah	14	Hackney	2:31.30

Heat 2 of 6 Prelims

1	Morgan, Charlie	15	Teddington	2:25.00
2	Zaharewicz, Rhys	14	Teddington	2:24.20
3	Burnell, Rory	14	Mt Kelly	2:23.40
4	Harwood, Jack	14	Pembs Cty	2:22.60
5	King, Ethan	13	Penyrheol	2:23.40
6	Noakes, Ben	16	Bolton Metro	2:23.80
7	Passos, Rafael	16	Nuneaton	2:24.90
8	Hamer, Joe	14	Co Hereford	2:27.10

Heat 3 of 6 Prelims

1	Gwynfil, Solomon	15	Co Cardiff	2:22.10
2	Hernandez Taylor, Boaz	14	Hackney	2:21.48
3	Deacon, Cameron	15	Co Cardiff	2:20.30
4	Staskus, Daniel	13	Millfield	2:19.00
5	Elmes, Max	14	Nofio S Gar	2:19.60
6	Powell, Xander	15	TauntonDeane	2:21.05
7	Stothers, Alexander	14	Hackney	2:21.90
8	Davies, Callum	14	Okehampton	2:22.40

Heat 4 of 6 Prelims

1	Mills, Ioan	16	Torfaen D	2:15.45
2	Thomas, Iolo	15	Neath	2:13.14
3	White, Adam	18	Swansea Uni	2:07.00
4	Tovey, Xander	15	Millfield	2:02.90
5	Arnold, Jack	17	Swansea Uni	2:05.00
6	Brown, Layton	17	Nuneaton	2:11.80
7	Jasinski, Hubert	18	Swansea Uni	2:14.30
8	Fidan, Zachary	15	Teddington	2:16.60

Heat 5 of 6 Prelims

1	Atherton, Morgan	16	Nuneaton	2:14.90
2	Foster, Henry	16	Redditch	2:12.50
3	West, Dexter	16	Pembs Cty	2:06.80
4	Ryley, William	27	Co Cardiff	2:01.85
5	Edwards, Ross	16	Co Cardiff	2:04.87
6	Walker, Freddie	17	EllesmereCSA	2:11.70
7	Sochovsky, Max	16	Millfield	2:13.80
8	Opiniano, Nathaniel	15	Teddington	2:16.50

Heat 6 of 6 Prelims

1	Rixon, Oliver	17	Co Cardiff	2:14.80
2	Gore, Andrew	20	Co Cardiff	2:12.20
3	Nikolaou, Antonio	22	Swansea Uni	2:06.22
4	Morgan, Dominic	20	Swansea Uni	2:00.60
5	Hollinsky, Gideon	20	Swansea Uni	2:03.50
6	Dietz, Fritz	21	Okehampton	2:07.19
7	Biddick, James	15	Okehampton	2:13.50
8	McCarthy, Aden	18	Birm'ham Uni	2:16.29

Event 205 Female 12 & Over 100 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 11 Prelims

1	%Humphrey, Eliza S11	20	Swansea Uni/TB	1:25.76
2	%Rice, Lily S8	21	Co Cardiff/A, 12+	1:21.47
3	Lendnau-Moulton, Ava	14	Wrexham	1:14.50
4	Cressey-Rodgers, G	15	Nofio S Gar	1:14.20
5	Sutton, Emily	14	NofioGwynedd	1:14.30
6	%Willis, Meghan S9	18	Torfaen D/1, 3, 5	1:16.14
7	%Rogerson, Heidi S10	18	Holywell/A, 12+	1:23.00
8	%Hughes, Chloe S9	31	Caerphilly/A, 9	1:29.80

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Heat 2 Prelims (#205 Female 12 & Over 100 LC Meter Backstroke)

1	Williams, Paige	13	Swansea Aq	1:13.90	___
2	Eyre, Maiya	13	Buckley	1:13.70	___
3	Richards, Faith	15	Co Cardiff	1:13.34	___
4	Hughes, Nel	14	NofioGwynedd	1:13.20	___
5	David, Emily	13	Cockermouth	1:13.27	___
6	Ach Rhys, Esyllt	15	NofioGwynedd	1:13.47	___
7	Beasley, Evaleigh	12	Swansea Aq	1:13.90	___
8	Upton-Boorman, Isabella	15	Nofio S Gar	1:13.92	___

Heat 3 of 11 Prelims

1	Jones, Aimee	13	Okehampton	1:12.90	___
2	Henderson, Darcy	13	Okehampton	1:12.70	___
3	Jones, Hunydd	14	Nofio S Gar	1:12.40	___
4	Synowiec, Amelia	15	Conwy	1:12.30	___
5	Emms, Ela	13	Co Cardiff	1:12.40	___
6	Van Zyl, Kiara	13	Co Cardiff	1:12.50	___
7	Donaldson, Evie	13	Co Newport	1:12.80	___
8	Olszewska, Maya	13	Co Newport	1:13.10	___

Heat 4 of 11 Prelims

1	Lewis, Harriet	13	Co Cardiff	1:11.92	___
2	Layland, Seren	14	Penyrheol	1:11.40	___
3	Reed, Isabella	14	Co Cardiff	1:11.24	___
4	Hutchon, Annie	14	EllesmereCSA	1:10.70	___
5	Taffetsauffer, Isabella	14	Nofio S Gar	1:11.00	___
6	Fitzgerald, Mali	15	Bridgend Cty	1:11.30	___
7	%Webb, Saskia S14	18	Pembs Cty	1:11.40	___
8	Thurston, Rene	14	Newtown	1:12.00	___

Heat 5 of 11 Prelims

1	Edwards, Alaw	15	NofioGwynedd	1:10.19	___
2	%Warrington, Callie-Ann S1	25	Hackney/A, 12 +	1:10.00	___
3	Watts, Olivia	16	EllesmereCSA	1:09.70	___
4	Sundsbo, Klara	14	Hackney	1:09.40	___
5	Arnold, Jessica	15	Swansea Uni	1:09.70	___
6	Fowler, Maisie	14	Rct Squad	1:09.80	___
7	Teggarty-Sparks, Ida	14	Teddington	1:10.00	___
8	Roberts, Mali	15	NofioGwynedd	1:10.20	___

Heat 6 of 11 Prelims

1	Berner, Iyla	12	Nofio S Gar	1:09.30	___
2	Gillingham, Grace	21	Nofio Bangor	1:09.15	___
3	Tovey, Lyra	13	Mt Kelly	1:08.90	___
4	Hands, Ava	14	Nuneaton	1:08.80	___
5	Huws, Awen	17	Rct Squad	1:08.90	___
6	Thomas, Serenity	15	NofioGwynedd	1:09.10	___
7	Roberts, Isabel	15	Co Cardiff	1:09.20	___
8	%Williams, Rose S14	17	Co Cardiff	1:09.30	___

Heat 7 of 11 Prelims

1	Reasons, Darcy	13	Torfaen D	1:08.60	___
2	Smart, Charlotte	18	Swansea Uni	1:08.30	___
3	Bennett, Isla	14	Co Cardiff	1:08.24	___
4	Williams, Jody	19	Swansea Uni	1:07.80	___
5	Holt, Ava	18	Teddington	1:08.20	___
6	Darby, Daisy	17	Teddington	1:08.30	___
7	Roberts, Rosie	13	Torfaen D	1:08.60	___
8	Blake, Emily	18	Co Cardiff	1:08.62	___

Heat 8 of 11 Prelims

1	Sweet-Roberts, Pip	13	Torfaen D	1:07.70	___
2	Taswell, Paige	14	TauntonDeane	1:07.60	___
3	Spence, Emilia	14	Co Birm'ham	1:07.50	___
4	Bamborough, Katie	21	Swansea Uni	1:07.40	___
5	Prosser, Sofia	13	Torfaen D	1:07.40	___
6	Parfitt, Lucy	17	Co Cardiff	1:07.50	___
7	Lush, Emily	23	Swansea Uni	1:07.60	___
8	Hatton-Ellis, Isabelle	17	Swansea Aq	1:07.70	___

Heat 9 of 11 Prelims

1	James, Grace	16	Bridgend Cty	1:06.80	___
2	Anderson, Rosalie	15	Co Cardiff	1:05.56	___
3	Fox, Honor	18	Co Cardiff	1:04.60	___
4	Sutton, Rebecca	24	Swansea Uni	1:01.70	___
5	Stead, Martha	20	Swansea Uni	1:03.80	___
6	Daniel, Megan	15	Caradon	1:05.10	___
7	Hall, Emily	15	Warrington W	1:05.90	___
8	Howells-Davies, Lana	17	Crawley	1:07.30	___

Heat 10 of 11 Prelims

1	Hernandez Taylor, Ivy	16	Hackney	1:06.70	___
2	Winstanley, Elin	16	Co Hereford	1:05.40	___
3	Higgs, Meghan	17	Millfield	1:04.20	___
4	Major, Scarlet	22	Swansea Uni	1:00.60	___
5	Owen, Gracie	17	Torfaen D	1:03.30	___
6	Nichols, Grace	15	Pembs Cty	1:05.00	___
7	Rose, Katie	19	Swansea Uni	1:05.70	___
8	Gordon, Freya	16	Haslemere	1:07.30	___

Heat 11 of 11 Prelims

1	Schumm, Libby	16	Torfaen D	1:06.10	___
2	Logan, Constance	17	Co B'Ton & H	1:05.30	___
3	Titchener, Megan	17	Torfaen D	1:04.10	___
4	Harris, Medi	23	Swansea Uni	58.80	___
5	Humphreys, Ffion	17	NofioGwynedd	1:02.40	___
6	Dwyfor-Clark, Efa	16	NofioGwynedd	1:04.72	___
7	Evans, Lili	18	Co Cardiff	1:05.60	___
8	Salmon, Gwen	18	Rct Squad	1:06.90	___

Event 206 Men 12 & Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 6 Prelims

1	%Carter, Oliver SB9	25	UniOfStirl/+ , 12	1:19.40	___
2	Webber, George	15	TauntonDeane	1:15.30	___
3	Short, Harley	14	Mt Kelly	1:14.70	___
4	Taylor, Nicholas	14	Torfaen D	1:13.06	___
5	Miles, Harry	15	Co Cardiff	1:13.90	___
6	Sekula, Mateusz	14	Rhondda	1:15.00	___
7	Bostock, Dyfan	15	Wrexham	1:15.50	___
8	%Hopkins, Luc SB9	14	Torfaen D/A, 12, +	1:31.60	___

Heat 2 of 6 Prelims

1	Opiniano, Nathaniel	15	Teddington	1:12.60	___
2	Hole, Ethan	16	Co Cardiff	1:12.27	___
3	Gubb, Harvey	19	Neath	1:12.10	___
4	Doyle, Alfie	17	Torfaen D	1:12.00	___
5	Hughes, Cai	16	Nofio Bangor	1:12.00	___
6	Upton-Boorman, Liam	18	Nofio S Gar	1:12.20	___
7	Bennett, Finley	16	Pembs Cty	1:12.40	___
8	Miskiewicz, Patryk	15	Hackney	1:12.87	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Heat 3 Prelims (#206 Men 12 & Over 100 LC Meter Breaststroke)

1	Mistry, Manav	18	Swansea Uni	1:11.80	___
2	Williams, Luke	17	Cwmbran	1:11.20	___
3	Silvey, Harry	15	Millfield	1:11.00	___
4	Neaves, Jake	16	EllesmereCSA	1:10.70	___
5	Gohar, Fabio	18	Teddington	1:10.80	___
6	Murphy, Rocco	15	Nuneaton	1:11.03	___
7	Molyneux, Finley	17	Okehampton	1:11.50	___
8	Bartram, Solomon	15	Bridgend Cty	1:11.81	___

Heat 4 of 6 Prelims

1	Phillips, Finley	15	Nofio S Gar	1:10.00	___
2	Armitage, Edward	22	Derwent&Gate	1:07.86	___
3	Grenardo, Alexander	18	Okehampton	1:05.60	___
4	Anderson, Maxwell	20	Co Cardiff	1:02.50	___
5	Murphy, James	21	Team Bath AS	1:04.70	___
6	Bale, Joseph	14	Mt Kelly	1:06.60	___
7	Saukko-Paavola, Niklas	17	Leic Sharks	1:09.70	___
8	Ma, Ko Kwan	16	Co Cardiff	1:10.60	___

Heat 5 of 6 Prelims

1	Meilleur, Elliot	15	NofioGwynedd	1:09.98	___
2	Hoey, Luke	23	Swansea Uni	1:06.80	___
3	Booth, Kyle	24	Raf Swim	1:05.60	___
4	Panaretos, Panayiotis	23	Swansea Uni	1:01.70	___
5	Ryley, William	27	Co Cardiff	1:03.67	___
6	Lovell-Pascal, Jean-Luc	20	Swansea Uni	1:05.80	___
7	James, Rhys	16	Rct Squad	1:08.61	___
8	Murphy, Heath	14	Nuneaton	1:10.41	___

Heat 6 of 6 Prelims

1	Stuart-Lavender, Jac	15	Nofio S Gar	1:09.80	___
2	Thomas, Lucas	17	NofioGwynedd	1:06.70	___
3	Sheppard, Rhydian	18	Co Cardiff	1:05.31	___
4	Inglis, Joshua	18	Swansea Uni	1:01.56	___
5	Armon, Jacob	22	Swansea Uni	1:03.31	___
6	James, Jack	18	Swansea Uni	1:05.80	___
7	%Darbey, Rhys SB14	18	Wrexham	1:07.90	___
8	Greenwalker, Arthur	16	Teddington	1:10.10	___

Event 207 Female 12 & Over 200 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 8 Prelims

1	Sutton, Emily	14	NofioGwynedd	3:05.10	___
2	Sagar, Tabitha	15	Teddington	3:03.50	___
3	Harding, Chloe	14	Cwmbran	3:02.20	___
4	Hall, Ellena	14	Pembs Cty	3:02.10	___
5	Needs, Rebecca	13	TauntonDeane	3:02.10	___
6	Lee, Seol Lucy	13	Co Cardiff	3:02.90	___
7	Davies, Sophia	13	Co Cardiff	3:05.10	___
8	Lawn, Gayle	12	Torfaen D	3:05.35	___

Heat 2 of 8 Prelims

1	Jones, Isabella	15	Bridgend Cty	3:01.50	___
2	Jones, Cadi	13	Co Cardiff	3:00.69	___
3	Powell, Josie	15	Bridgend SC	3:00.50	___
4	Davies, Macy	13	Torfaen D	2:59.80	___
5	Williams, Lili	14	Rct Squad	3:00.00	___
6	Roberts, Isabel	15	Co Cardiff	3:00.50	___
7	Prickett, Chloe	13	Co Cardiff	3:01.46	___
8	Morgan-Basini, Roca-Jay	15	Merthyr Tydf	3:01.90	___

Heat 3 of 8 Prelims

1	Marsden, Phoebe	14	Conwy	2:59.40	___
2	Coles, Sophie	14	TauntonDeane	2:59.20	___
3	Lewis, Orla Rose	15	Torfaen D	2:57.48	___
4	Sneddon, Anna	15	Caradon	2:55.70	___
5	Phillips, Emma	15	Teddington	2:56.30	___
6	Graves, Abigail	15	Okehampton	2:57.50	___
7	Van Zyl, Kiara	13	Co Cardiff	2:59.20	___
8	Knight, Lily	15	C Dolphins	2:59.60	___

Heat 4 of 8 Prelims

1	Bloomer, Molly	13	Hackney	2:54.00	___
2	Bates, Molly	14	EllesmereCSA	2:53.39	___
3	Ling, Olivia	15	Co Cardiff	2:52.70	___
4	Davies, Isabella	14	Nofio S Gar	2:52.21	___
5	Parry, Abigail	12	Nofio S Gar	2:52.60	___
6	Flanagan, Evelyn	15	Mt Kelly	2:53.36	___
7	Jones, Aimee	13	Okehampton	2:53.60	___
8	Johnson, Poppy	16	Holywell	2:54.70	___

Heat 5 of 8 Prelims

1	Turner, Jaz	16	Caradon	2:51.80	___
2	Gardener, Hannah	16	Bridgend Cty	2:51.40	___
3	Simons, Georgia	14	Hackney	2:50.69	___
4	Davies, Mae	15	Rtw Monson	2:50.50	___
5	McQuaid, Maria	14	Co Cardiff	2:50.60	___
6	Robinson, Scarlett	17	Ulverston	2:51.10	___
7	Owen, Kessie	17	Neath	2:51.80	___
8	Ribeiro, Ariana	14	Co Cardiff	2:52.00	___

Heat 6 of 8 Prelims

1	Lewis, Harriet	13	Co Cardiff	2:49.20	___
2	Gorman, Helen	53	Co Cardiff	2:45.30	___
3	Daw, Alexandra	16	Okehampton	2:40.10	___
4	Gibson, Mari	17	Co Cardiff	2:34.50	___
5	Rees, Katie	27	Swansea Uni	2:37.90	___
6	Riggott, Amelia	21	Mt Kelly	2:41.62	___
7	Lythgoe, Manon	16	Swansea Aq	2:47.30	___
8	Dowling, Abigail	14	Co Cardiff	2:50.31	___

Heat 7 of 8 Prelims

1	Taffetsauffer, Isabella	14	Nofio S Gar	2:48.83	___
2	Kilby, Sophie	15	Mt Kelly	2:44.67	___
3	Evans, Gwenllian	16	Co Cardiff	2:39.80	___
4	Brassington, Sophie	19	Swansea Uni	2:29.92	___
5	Stephenson, Ruby	18	Swansea Uni	2:36.30	___
6	Morgan, Carys	17	Millfield	2:40.60	___
7	Smith, Amelia	17	Co Cardiff	2:47.00	___
8	Wood, Sophie	16	TauntonDeane	2:49.90	___

Heat 8 of 8 Prelims

1	Sundsbo, Klara	14	Hackney	2:48.80	___
2	Williams, Lowri	15	Swansea Aq	2:44.56	___
3	Wheeler, Oriana	20	Swansea Uni	2:38.20	___
4	Taylor, Theodora	16	Torfaen D	2:28.17	___
5	Williams-Jones, Phoebe	19	Co Cardiff	2:35.70	___
6	Van Der Stroom, Isis	19	Uni of Nott	2:40.43	___
7	Matthews, Elin	15	Co Cardiff	2:46.60	___
8	Davies, Ellen	16	Chirk	2:49.60	___

Swim Wales Winter Championships 2025 - 18/12/2025 to 21/12/2025

Meet Program - Session 4 (Warmup 7.45 - 8.45)

Event 208 Men 12 & Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

Heat 1 of 10 Prelims

1	Evans, Jake	13	Wrexham	2:33.40
2	Giles, Brodie	15	Bridgend Cty	2:32.80
3	Stuart-Lavender, Jac	15	Nofio S Gar	2:31.76
4	Harvey, Hugo	14	Co Cardiff	2:31.40
5	Gruffydd, Ned	15	Co Cardiff	2:31.60
6	Hughes, Freddy	13	Rct Squad	2:31.80
7	Sekula, Mateusz	14	Rhondda	2:33.30
8	%O'Reilly, McKenzie SM8	16	Torfaen D/A, 12 +	3:16.40

Heat 2 of 10 Prelims

1	%Read, William SM14	17	Swansea Aq	2:30.90
2	Powell, Xander	15	TauntonDeane	2:30.01
3	Hernandez Taylor, Boaz	14	Hackney	2:29.33
4	Freeman, James	14	TauntonDeane	2:29.10
5	Webber, George	15	TauntonDeane	2:29.20
6	Harwood, Jack	14	Pembs Cty	2:30.00
7	Jones, Noah	14	Torfaen D	2:30.30
8	Gregory, Jaiden	14	Co Cardiff	2:31.40

Heat 3 of 10 Prelims

1	Duggan, Elliot	14	Bridgend Cty	2:27.50
2	Williams, Dylan	14	Wrexham	2:26.80
3	Reece, Liam	15	Co Newport	2:26.70
4	Davies, Tom	15	Co Newport	2:26.50
5	Scholes, James	15	Haslemere	2:26.60
6	Duggan, Brandon	15	Co Cardiff	2:26.80
7	Hewitt, Archie	15	Torfaen D	2:27.10
8	Murphy, Heath	14	Nuneaton	2:28.91

Heat 4 of 10 Prelims

1	Drury-Tew, Archie	15	Co Birm'ham	2:25.32
2	Bebb, Lewis	18	Newtown	2:25.30
3	Bartram, Solomon	15	Bridgend Cty	2:25.00
4	Miskiewicz, Patryk	15	Hackney	2:24.68
5	Woodrow, Leo	14	TauntonDeane	2:24.70
6	Atherton, Morgan	16	Nuneaton	2:25.20
7	Gwynfil, Solomon	15	Co Cardiff	2:25.30
8	Davies, Blake	15	Co Cardiff	2:26.40

Heat 5 of 10 Prelims

1	Spinks, Owen	17	Torfaen D	2:24.50
2	%Carter, Oliver SM10	25	UniOfStirl/+ , 12	2:23.70
3	Ashton, Cain	15	Stockport Mo	2:23.40
4	Foster, Henry	16	Redditch	2:22.90
5	Castillo, Airam	14	Co Cardiff	2:22.95
6	Linge, Reece	14	EllesmereCSA	2:23.49
7	Lennon, Danny	17	Wrexham	2:23.79
8	Grenardo, Sebastian	16	Okehampton	2:24.60

Heat 6 of 10 Prelims

1	Bennett, Finley	16	Pembs Cty	2:21.86
2	Winstone, Evan	19	Co Cardiff	2:21.30
3	Cavill, Jack	15	Co Cardiff	2:21.30
4	Fidan, Zachary	15	Teddington	2:20.90
5	Murphy, Rocco	15	Nuneaton	2:21.20
6	Silverstone, Solomon	16	Pembs Cty	2:21.30
7	Phillips, Finley	15	Nofio S Gar	2:21.70
8	Morgan, Charlie	15	Teddington	2:22.00

Heat 7 of 10 Prelims

1	McLain, Archie	19	Torfaen D	2:20.90
2	Brown, Layton	17	Nuneaton	2:20.60
3	Gore, Andrew	20	Co Cardiff	2:20.35
4	Doyle, Alfie	17	Torfaen D	2:19.30
5	Opiniano, Nathaniel	15	Teddington	2:19.60
6	Brock, Freddy	16	Rct Squad	2:20.40
7	Gubb, Harvey	19	Neath	2:20.80
8	Richardson, Osian	17	Swansea Aq	2:20.90

Heat 8 of 10 Prelims

1	Mruk, Lucas	17	Torfaen D	2:16.50
2	West, Dexter	16	Pembs Cty	2:14.30
3	Pike, Harvey	18	Co Cardiff	2:12.80
4	Staines, Luca	21	Swansea Uni	2:05.54
5	Tovey, Xander	15	Millfield	2:10.20
6	Biddick, James	15	Okehampton	2:13.00
7	Pugh, Morgan	18	Torfaen D	2:15.11
8	Meilleur, Elliot	15	NofioGwynedd	2:17.30

Heat 9 of 10 Prelims

1	Upton-Boorman, Liam	18	Nofio S Gar	2:16.40
2	Grenardo, Alexander	18	Okehampton	2:14.20
3	Thomas, Lucas	17	NofioGwynedd	2:11.50
4	Kershaw, Charles	23	Swansea Uni	2:04.50
5	Burns, Harry	20	Bath Univ	2:08.10
6	Sheppard, Rhydian	18	Co Cardiff	2:12.90
7	Major, Maximus	15	Torfaen D	2:14.80
8	Cressey-Rodgers, Ioan	20	Nofio S Gar	2:16.80

Heat 10 of 10 Prelims

1	Ma, Ko Kwan	16	Co Cardiff	2:16.30
2	Milne, Harry	17	Repton	2:13.26
3	Edwards, Ross	16	Co Cardiff	2:11.49
4	Armon, Jacob	22	Swansea Uni	2:02.10
5	Lee, Tristan	19	Bath Univ	2:06.50
6	%Broom, Dylan SM14	23	Swansea Uni	2:12.80
7	Taylor, Harry	18	Swansea Uni	2:14.40
8	Saukko-Paavola, Niklas	17	Leic Sharks	2:16.60